



Toe Reading

Toe reading is a powerful tool used in Soul/Spiritual Coaching. Many people have never even heard of Toe Reading! Before I tell you more about Toe Reading, let me first tell you, it is not required that you be a spiritual person in order to enjoy a toe reading. You can be at any part of your spiritual journey, whether it be in the very beginning, (not knowing where you are), or very advanced and knowing exactly where you are on your path of knowing. You will be surprised to know that while the feet have been thought to have been used in healing for thousands of years; Toe Reading is actually fairly new to us! KC Miller, founder of SWIHA and author of “Toe Reading”, is the one who created toe reading, about 20-25 years ago. In my studies, I learned that Toe Reading is a wonderful tool used in Soul/Spiritual Coaching, as a way to listen, and observe someone through the toes. It is a way to see the magical story of their past life and experiences in life, as well as how they perceive themselves and treat themselves in the current state of being. It is not a way to tell the future. During toe reading, the owner of the toes is able to share a connection with the toe reader, as they discuss the toes and how they relate to the story of their life and their destiny. The reader can help the owner of the toes see themselves in a sacred way. Through examination and observation, as well as listening, the right side will depict the way the owner “shows up in the world”, and the left side will show their emotions and the spiritual connection. Through this experience, you will be able to gain more personal, deep insight as to how, when and why you can, will and want to make changes in your life. During a Toe Reading, the Spiritual Coach uses specific dialogue to ask you, (the client) powerful questions, to allow the answers you carry within to awaken, and you then

share your story with the Toe Reader. Clients I have worked with commonly use Toe Reading as a way to move forward with transitions in life, such as Bride and Groom To-Be Readings, as this is a sacred and bonding transformation in life, Confirmation, Divorce, Birthdays, Celebrations, Retirements, and even the loss of loved ones. Any occasion is really fitting for a toe reading. A girl's night out, or just a relaxing afternoon, looking for further answers into how to make changes in your life. For a more in depth reading and powerful session; to really bring out a powerful transitional experience; I recommend a Royal Toe Reading. This is indeed a powerful modality! With a Royal Toe Reading, you will experience a relaxing Foot Bath with a special blend of pure essential oils to bring you to your peaceful oasis. Within your peaceful oasis, you will establish a confidential, trusting environment, where you and your Spiritual Coach will begin to create ritual, and sacred space, to allow you to awaken the light within and share your story, your words, your journey and step into the future you want to make for yourself. What waits for you? Only you can decide. Only you can tell. Set up an appointment for your Toe Reading or Royal Toe Reading today. Are you committed to making a difference in your life? I am ready to help you today. Blessings Dear One.

